

# Coaching Skills for Today's Leaders Course (Self-Paced)

Develop essential coaching skills to motivate employees, build trust, and foster team growth.

Group classes in Live Online and onsite training is available for this course. For more information, email [onsite@graduateschool.edu](mailto:onsite@graduateschool.edu) or visit: <https://www.graduateschool.edu/courses/coaching-skills-for-today-s-leaders-course-self-paced>



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## Course Outline

### Module 1: Coaching

- Understand the basics of coaching and its key distinctions from other leadership and managerial functions
- Explore the importance of coaching in employee development
- Learn how coaching can help clarify choices and foster personal and professional growth
- Discuss how coaching is used in various work settings and its applications for both leaders and employees

### Module 2: Core Competencies of Coaching

- Learn the four core competencies of coaching: Setting the Foundation, Co-Creating the Relationship, Communicating Effectively, and Facilitating Learning and Results
- Understand the ethical considerations and agreements that support successful coaching relationships
- Practice effective communication skills, including active listening, questioning, and providing feedback
- Apply the core competencies in real coaching scenarios

### Module 3: Application of Coaching Skills

- Learn how to apply coaching techniques in leadership roles and employee development
- Identify when an individual is ready for coaching and how to set effective coaching goals
- Understand the logistics and best practices for conducting successful coaching sessions
- Explore different tools and techniques to enhance the coaching process, such as active listening, goal setting, and evaluation