

# Executive Leadership Program

The Executive Leadership Program (ELP) is a nine-month competency-based leadership development program that provides training and developmental experiences for mid-level employees at the GS-11 to GS-13 levels or equivalent. The program theme is "Leading People." The program objectives are to help participants strengthen their knowledge, expand their experience, and increase their impact through a curated selection of competency-based developmental activities.

Group classes in Live Online and onsite training is available for this course. For more information, email [onsite@graduateschool.edu](mailto:onsite@graduateschool.edu) or visit: <https://www.graduateschool.edu/courses/executive-leadership-program>



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## Course Outline

Session I: Self-Discovery – Learning to Soar and the Making of a Team

### Discovering the Leader in You (Aligning the Individual to Be a Leader)

- Encouraging the leader within – modeling the way
- Cultivating program commitment
- Networking/Communities of Practice and other success tips

### Team Building and Exploring Your Role in the Team Environment

- Myers Briggs Type Indicator: aligning the individual to better understand the self
- Identifying leadership styles and how to empower others

### Team Building

- Team typing for team success
- Setting the stage for courageous team dynamics

Exploring Virtual Team Strategies

### Setting the Stage for ELP Success

- Requirements session
- Alumni Panel

### Building a Leadership Plan for ELP Success and Career Development

- Exploring the Executive Core Competencies
- Receiving feedback through the Leadership Effectiveness Inventory
- Writing a plan for growth and program completion

### Leadership Styles\*

- Exploring and recognizing how different leadership styles play differently with varied situations and people
- Work/Life Balance as it relates to defining and/or refining leadership styles

### **Emotionally Intelligent Leaders**

- Recognizing the impact of social awareness on personal and professional development
- Discovering self-regulation as a tool for modifying behavior
- Exploring social awareness
- Practicing social skills